

Grace Hill Church
Biblical Counseling Consent

“To this end we always pray for you, that our God may make you worthy of his calling and may fulfill every resolve for good and every work of faith by his power, so that the name of our Lord Jesus may be glorified in you, and you in him, according to the grace of our God and the Lord Jesus Christ” (ESV).

(2 Thessalonians 1:11-12)

Biblical Basis – Biblical counseling/discipleship is committed to the position that God’s Word, the Bible, provides the only *authoritative* guide for what we are to believe and how we are to live (Heb. 4:12-13; 2 Tim. 3:16-17; 2 Pet. 1:3-4). The Biblical counselor is trained in the use of the Scriptures. Biblical counseling is *not* based on man’s wisdom, opinions, experience or behavior (Col. 2:8), but on *God’s Word*, and every effort is made to bring the full scope of Biblical grace and truth to focus on the counselee’s need (Ps. 1, Is. 55:8-11, Heb. 4:12). The Biblical counselor is not trained or licensed as a psychologist, psychotherapist, or mental health professional and does not operate in these realms.

Counseling Goal – The goal of Biblical counseling/discipleship is to help the counselee meet the challenges of life in a way that pleases and honors the Lord Jesus Christ (2 Thess. 1:11-12), and allows them to fully enjoy His love for them and His purpose for their life (Eph. 1:11).

Confidentiality – Confidentiality is a vital aspect of the counseling process. Please be assured that every effort will be undertaken to resolve your problem as privately as possible. However, there may be occasions when it becomes necessary to communicate information:

- When the counselor is uncertain how to address a particular problem and input from another pastor/counselor would be helpful (Pro. 15:22);
- When a counselee attends another church and it is necessary to discuss matters with their pastor or elders;
- When there is a clear indication someone may be harmed unless others intervene;
- When a person persistently refuses to renounce a particular sin or sinful lifestyle and it becomes necessary to seek the assistance of others in the church family in order to encourage repentance and reconciliation (Mt. 18:15-20).

I have been informed that any counseling I receive from the counselor indicated below will be based on their understanding of the Bible, and I consent to receive such Biblical counseling/discipleship.

Signed _____
(Counselee)

(Biblical Counselor)

Date _____

Conflict Resolution In the unlikely event a conflict develop between a biblical counselor and counselee, in order to assure such matters are resolved in a *biblically faithful manner* (1 Cor. 6:1-6), counselees are asked to agree to mediation, and if necessary, legally binding arbitration, in accordance with the Rules of Procedure of the *Institute for Christian Conciliation* (Peacemaker Ministries, Billings, MT www.hispeace.org).